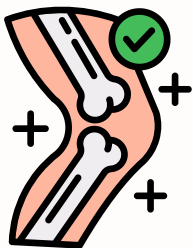


1.11.26 PROGRAMME 节目表

TIME 时间	L2 Ikeda Culture Auditorium (ICA) 2楼 池田文化讲堂	B1 JASMINE ROOM 底层 茉莉室	B1 BOUGAINVILLEA ROOM 底层 九重葛室	Fringe Activities 自由活动
10:00	★ Main Programme 主要活动 Opening Segment 开场环节 Panel Sharing 体验分享 Cultural Performances 文化表演 		10:50 – 11:50 Makeup Class 化妆课  DIY Flower 手工花制作 	B1 ORCHID ROOM 底层 胡姬室 Children Hub 儿童游戏角 
11:00	 TCM Talk 中医讲座 保持年轻的秘诀:从身体到心态 The Secret to Staying Young: From Body to Mind 	 Makeup Class 化妆课 	DIY Flower 手工花制作 	B1 SOKA WOMEN CENTRE 底层 创价女性中心 Dialogue Corner 恳谈角 
12:00	 Cultural Performances 文化表演 (12:00 – 12:10) 	Colour Harmony 色彩分析 	12:10 – 13:10 K-pop Dance 韩流舞蹈 	
13:00	★ Main Programme 主要活动 Opening Segment 开场环节 Panel Sharing 体验分享 Cultural Performances 文化表演 		13:50 – 14:50 Makeup Class 化妆课  DIY Flower 手工花制作 	B1 NARCISSUS ROOM 底层 水仙室 Exhibition 展览 
14:00	 Physio Talk 物理治疗讲座 Happy Joints, Happy Life 健康关节，快乐生活 	 Makeup Class 化妆课 	DIY Flower 手工花制作 	
15:00	 Cultural Performances 文化表演 (15:00 – 15:10) 	Colour Harmony 色彩分析 	15:00 – 16:00 K-pop Dance 韩流舞蹈 	L2 FRIENDSHIP HALL 2楼 友谊厅 Handicraft Marketplace 手工艺品市集

PARTICIPANT NOTES 参加者须知

- Programme timings are subject to change. Please follow on-site announcements and staff directions.
活动时间可能有所调整，请留意现场通知并听从工作人员指引。
- Workshops are available on a first-come, first-served basis. Each participant may attend a maximum of 1 workshop.
工作坊名额先到先得，每位参加者最多参加1项工作坊。
- Fringe Activities are available throughout the day.
自由活动将全天开放。
- For activities with limited capacity, admission will be subject to availability.
名额有限的活动将视现场人数及名额情况安排入场。